



**EFSL BENELUX DIVISIONALS 2009**  
**SATURDAY 17 JANUARY 2009**



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| Sanctioned by:                                    | EFSL  |  |
| Sponsored by:                                     | SHAPE SEALS   |  |
| Participants:                                     | ESB, GKN, LKH, NMS, SHP   |  |
| Dates & Times:<br>+ 15 Minutes added in if needed | <p><u>Sat. 17 Jan 2009.</u></p> <p>All events are timed finals.</p> <p>Arrival of teams</p> <p>Warm-up SHP,</p> <p>Warm-up NMS &amp; ESB,</p> <p>Warm-up GKN &amp; LKH</p> <p>Start</p> <p>Lunch</p> <p>Meet ends</p>   | <p><u>Time</u></p> <p>0910</p> <p>0920</p> <p>0940</p> <p>1000</p> <p>1030</p> <p>1230</p> <p>1600</p> |
| Location:   | SHAPE, Main Pool  |  |
| Pool Course:                                      | 25m indoor-heated pool with 6 lanes, fresh water, non-turbulent, single lane lines, deep & shallow ends competition start blocks in deep end.   |  |
| Eligibility:                                      | Open to all registered members of EFSL swim teams and IAW EFSL Swim code eligibility criteria.  |  |
| Points of contact:                                | <p>President: <b>Ken Donnolly</b><br/> <a href="mailto:Kenneth.donnolly@us.army.mil">Kenneth.donnolly@us.army.mil</a></p> <p>Meet coordinator: <b>Andrea Barbalonga</b><br/> <a href="mailto:barbabla4@yahoo.it">barbabla4@yahoo.it</a></p>                             |  |
| Entry Limit<br>Standard Shell                     | <p>EFSL Standard Meet Shell # of swimmers unlimited; swimmers are limited to a maximum of 3 individual events and 2 relays.</p>   |  |
| Entry forms:                                      | <p>Please e-mail your entries electronically to our statistician at <a href="mailto:shape-seals@hotmail.com">shape-seals@hotmail.com</a> by Tuesday 13 Jan 2009 at 10 PM. Final scratches submitted at pool office. IAW EFSL rules no additions will be made on day</p> |  |

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|                              | of meet. Please bring a USB stick for results.   |
| <b>Officials:</b>            | <p>Head Referee: <b>TBD</b><br/> Head Starter: <b>TBD</b><br/> Head Timer: <b>TBD</b></p> <p>Each team is asked to provide timers and stroke and turn judges as possible.</p>  |
| <b>Refreshments:</b>         | Concession stand available with food and snacks, Euros ONLY accepted.  |
| <b>Additional Info.</b>      | We will employ overhead starts, which require the swimmer to remain in the water until the swimmer from the next event has left the starting block. We will not use <i>electronic touch pads</i> this time.  |
| <b>Security Information:</b> | <p>We must have a list of all participants with ID card and passport numbers for all non-US ID card holders. Please include bus driver and any ancillary personnel plus license plate numbers for POV's. Return to our home meet coordinator<br/> <b>Andrea Barbalonga</b><br/> <a href="mailto:barbabra4@yahoo.it">barbabra4@yahoo.it</a> NLT 13 Jan 09 at 12 noon.</p> |