

Brussels Octopus Home meet

Sunday, November 16 , 2008

Sanctioned by:	European Forces Swim League
Sponsored by:	Brussels Octopus
Event:	Benelux Division
Participants:	ESB , GKN, NMS, SHP
Dates & Times:	Sunday November 16, 2008 All events are timed finals Set-up: 9:00 Arrival of visiting swimmers 9:15 Warm-ups ESB (lanes 1 & 2) 9:30 NMS (lanes 4 &5) Warm-ups GKN (lanes 1 & 2) 10:10 SHP (lanes 4 &5) Start: 10:45
Entry Limit:	Number of swimmers is unlimited. Swimmers are limited to a maximum of three (3) individual events and two (2) relays.
Officials:	Head Official: Morag Davite Starter: to be appointed Head Timer: to be appointed Each team is asked to provide depending on the number of swimmers 1-10 swimmers: 1 volunteer 11-25 swimmers: 3 volunteers 26-40 swimmers: 5 volunteers 41+ swimmers : 7 volunteers
Points of Contact:	President: Ahmed Bouzinab president@esb-octopus.eu Meet Director: Mayte Sanz maria-teresa.sanz-villegas@ec.europa.eu Head Coach: Olivier Van Lerberger esb.headcoach@skynet.be Statistician: Maria Jimenez esbstat@yahoo.fr

Pool Course:	Indoor, heated, 25m, 5 lanes, fresh water, non-turbulent, competition single lane lines, deep & shallow ends with competition starting blocks in the deep end.
Entry Limit:	Number of swimmers is unlimited. Swimmers are limited to a maximum of three (3) individual events and two (2) relays.
Entry Forms:	<p>Entries are due to ESB Statistician, Maria Jimenez at esbstat@yahoo.fr Friday am November 14 via the internet.</p> <p>Submit final scratches at the swim pool's office.</p> <p>According to EFSL rules, no additions will be made on day of meet.</p> <p>Please bring a disk of the entries to the meet as a back-up.</p>
Refreshments:	Snack bar/refreshments are available. US dollars and Euros are accepted at par value, change in Euros only.
Additional Information:	In order to speed the meet and lay a foundation for Final, we will employ overhead starts. For those unable to attend the Officials clinic, overhead starts require the swimmer to remain in the water until the swimmer of the next event has left the starting block.
Directions:	<p>Map and details on ESB Web site http://www.opt.be/informations/sports_laeken_piscine_de_laeken/en/AS/4245.html</p> <p>From the Brussels Ring: take exit 7bis and carry on the A12, enter into Brussels and take the N277, carry on the Rue Léopold I, turn left on the Rue du Champ de l'Eglise</p>
Location :	Rue du Champ de l'Eglise 73/89 1020 Bruxelles tél. 02 425 57 12