



**SHAPE SEALS HOME MEET**  
**SATURDAY 20 SEPTEMBER 2008**

Sanctioned by:	EFSL																		
Sponsored by:	SHAPE SEALS																		
Participants:	NMS and SHAPE Seals																		
Dates & Times:	<table border="1"> <thead> <tr> <th><u>Sat. 20 Sept 2008.</u></th> <th><u>Time</u></th> </tr> </thead> <tbody> <tr> <td>All events are timed finals.</td> <td></td> </tr> <tr> <td>Arrival of visiting teams</td> <td>0900</td> </tr> <tr> <td>Warm-up SHAPE,</td> <td>0910</td> </tr> <tr> <td>Warm-up NMS,</td> <td>0930</td> </tr> <tr> <td>Warm-up</td> <td>0940</td> </tr> <tr> <td>Start</td> <td>1010</td> </tr> <tr> <td>Lunch</td> <td>1215</td> </tr> <tr> <td>Meet ends</td> <td>1500</td> </tr> </tbody> </table>	<u>Sat. 20 Sept 2008.</u>	<u>Time</u>	All events are timed finals.		Arrival of visiting teams	0900	Warm-up SHAPE,	0910	Warm-up NMS,	0930	Warm-up	0940	Start	1010	Lunch	1215	Meet ends	1500
<u>Sat. 20 Sept 2008.</u>	<u>Time</u>																		
All events are timed finals.																			
Arrival of visiting teams	0900																		
Warm-up SHAPE,	0910																		
Warm-up NMS,	0930																		
Warm-up	0940																		
Start	1010																		
Lunch	1215																		
Meet ends	1500																		
Location:	SHAPE, Main Pool																		
Pool Course:	25m indoor-heated pool with 6 lanes, fresh water, non-turbulent, single lane lines, deep & shallow ends competition start blocks in deep end.																		
Eligibility:	Open to all registered members of EFSL swim teams and IAW EFSL Swim code eligibility criteria.																		
Points of contact:	President: <b>Ken Donnolly</b> <a href="mailto:Kenneth.donnolly@us.army.mil">Kenneth.donnolly@us.army.mil</a> Meet coordinator: <b>Andrea Barbalonga</b> <a href="mailto:barbabla4@yahoo.it">barbabla4@yahoo.it</a>																		
Entry Limit Extended Sept Shell	Number of swimmers unlimited; swimmers are limited to a maximum of 3 individual events and 2 relays																		
Entry Forms:	Please e-mail your entries electronically to our statistician at <a href="mailto:shape-seals@hotmail.com">shape-seals@hotmail.com</a> by Thursday 18 Sept 2008 at 10 PM. Final scratches submitted at pool office. IAW EFSL rules no additions will be made on day of meet. Please bring a back up disc of entries.																		

<b>Officials:</b>	Head Referee: <b>TBD</b> Head Starter: <b>TBD</b> Head Timer: <b>TBD</b> <b>Each team is asked to provide timers and stroke and turn judges as possible.</b>
<b>Refreshments:</b>	<b>Concession stand available with food and snacks, dollars and euros accepted.</b>
<b>Additional Info.</b>	<b>We will employ overhead starts, which require the swimmer to remain in the water until the swimmer from the next event has left the starting block. We will not use <i>electronic touch pads</i> this time.</b>
<b>Security Information:</b>	<b>We must have a list of all participants with ID card and passport numbers for all non-US ID card holders. Please include the bus driver and any ancillary personnel, plus license plate numbers for POV's. return to our coordinator NLT 18 Sept 2008 at 10PM.</b>