



**SHAPE SEALS HOPE MEET**  
**SATURDAY DECEMBER 1ST, 2007**

<b>Sanctioned by:</b>	<b>EFSL</b>	
<b>Sponsored by:</b>	<b>SHAPE SEALS</b>	
<b>Participants:</b>	<b>NMS, ESB, RTA, EFL and SHAPE Seals</b>	
<b>Dates &amp; Times:</b>	<p><b><u>Sat. 01 Dec 2007.</u></b></p> <p>All events are timed finals.</p> <p>Arrival of visiting teams</p> <p>Warm-up SHAPE,</p> <p>Warm-up NMS, ESB</p> <p>Warm-up RTA, EFL</p> <p>Start</p> <p>Lunch</p> <p>Meet ends</p>	<p><b><u>Time</u></b></p> <p><b>0900</b></p> <p><b>0900</b></p> <p><b>0920</b></p> <p><b>0940</b></p> <p><b>1015</b></p> <p><b>1215</b></p> <p><b>1600</b></p>
<b>Location:</b>	<b>SHAPE, Main Pool</b>	
<b>Pool Course:</b>	<p>25m indoor-heated pool with 6 lanes, fresh water, non-turbulent, single lane lines, deep &amp; shallow ends competition start blocks in deep end.</p>	
<b>Eligibility:</b>	<p>Open to all registered members of EFSL swim teams and IAW EFSL Swim code eligibility criteria.</p>	
<b>Points of contact:</b>	<p>President: <b>Ken Donnolly</b>  <a href="mailto:Kenneth.donnolly@us.army.mil">Kenneth.donnolly@us.army.mil</a>            Meet coordinator: <b>Andrea Barbalonga</b>  <a href="mailto:barbabra4@yahoo.it">barbabra4@yahoo.it</a></p>	
<b>Entry Limit Extended Sept Shell</b>	<p>Number of swimmers unlimited; swimmers are limited to a maximum of 3 individual events and 2 relays</p>	
<b>Entry Forms:</b>	<p>Please e-mail your entries electronically to our statistician at <a href="mailto:shape-seals@hotmail.com">shape-seals@hotmail.com</a> by Thursday 29 NOV 07. Final scratches submitted at pool office. IAW EFSL rules no additions will be made on day of meet. Please bring a back up disc of entries.</p>	

<p><b>Officials:</b></p>	<p>Head Referee: <b>TBD</b>  Head Starter: <b>TBD</b>  Head Timer: <b>TBD</b>  <b>Each team is asked to provide timers and stroke and turn judges as possible.</b></p>
<p><b>Refreshments:</b></p>	<p><b>Concession stand available with food and snacks, dollars and euros accepted.</b></p>
<p><b>Additional Info.</b></p>	<p><b>We will employ overhead starts, which require the swimmer to remain in the water until the swimmer from the next event has left the starting block. We will not use <i>electronic touch pads</i> this time.</b></p>
<p><b>Security Information:</b></p>	<p><b>We must have a list of all participants with ID card numbers and passport numbers for all non-US ID card holders. Please include the bus driver and any ancillary personnel. Please fill out attached SHAPE Form 550 and return to our coordinator NLT 29 Nov at 1500.</b></p>