

Brussels Octopus - EFSL Divisional 2007 meet

Sunday, January 28, 2007

Sanctioned by:	European Forces Swim League
Sponsored by:	Brussels Octopus
Event:	Benelux Division
Participants:	ESB Brussels ,KMC,NMS, SHP
Dates & Times:	Sunday January 28, 2007 All events are timed finals Set-up: 8:00 Arrival of visiting swimmers 8:20 Warm-ups ESB, NMS 8:40 Warm-ups KMC, SHP 9:00 Start: 9:30
Entry Limit:	Number of swimmers is unlimited. Swimmers are limited to a maximum of three (3) individual events and two (2) relays.
Officials:	Head Official: Morag Davite (mobile: 0473 976 202) Starter: Ann Barnett Head Timer: to be decided Each team is asked to provide <u>a minimum of 8 volunteers</u> to help during the competition as timer, runner, clerk of course, statistics etc
Points of Contact:	President: Ahmed Bouzinab 00 32 (0) 2 241 33 49 Home 00 32 (0) 495 545 702 Mobile Meet Director: Mayte Sanz 00 32 (0) 457 800 566 e-mail : maria-teresa.sanz-villegas@ec.europa.eu Head Coach: Olivier Van Lerberger e-mail : esb.headcoach@skynet.be Statistician: Maria Jimenez e-mail: esbstat@yahoo.fr

Pool Course:	Indoor, heated, 25m, 6 lanes, fresh water, non-turbulent, competition single lane lines, deep & shallow ends with competition starting blocks in the deep end.
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Entry Forms:	<p>Entries are due to ESB Statistician, Maria Jimenez at esbstat@yahoo.fr on Wednesday January 25 before 12 am via the internet.</p> <p>Submit final scratches to the clerk of course on the pool at the latest at 9:00.</p> <p>According to EFSL rules, no additions will be made on day of meet.</p> <p>Please bring a disk of the entries to the meet as a back-up.</p>
Refreshments:	<p>Snack bar/refreshments are available.</p> <p>Program are available (0,50 €) and T-shirts (15€)</p>
Additional Information:	In order to speed the meet and lay a foundation for Munich, we will employ overhead starts. For those unable to attend the Officials clinic, overhead starts require the swimmer to remain in the water until the swimmer of the next event has left the starting block.
Directions:	<p>Map and details on ESB Web site http://users.skynet.be/esbswimteam/Vfa/Itineraires/Ceria.htm</p> <p>Ring exit 16, St Pieters Leeuw - Anderlecht. Should you come from RO or RE, you have to take Chaussée de Mons (N6) towards Brussels' Centre. At the first traffic light, take right, then first left and again first right. You are now Avenue des Grives and the pool is nearly at the end of the street, on your right.</p> <p>A useful tip, from n° 16 exit on the motorway, you will see a high tower with a large clock - it belongs to the CERIA complex where the pool is located. You can also arrive from Brussels Centre through Chaussée de Mons.</p>
Location :	<p>Rue des Grives 51</p> <p>1070 Bruxelles</p>